

**LIVING WELL WITH  
PARKINSON'S DISEASE**

Saturday, March 29, 2008

REGISTRATION

*Please print*

Name: \_\_\_\_\_

*Circle menu selection:*

Chicken Francaise    Salmon    Pasta Primavera

Name: \_\_\_\_\_

*Circle menu selection:*

Chicken Francaise    Salmon    Pasta Primavera

Name: \_\_\_\_\_

*Circle menu selection:*

Chicken Francaise    Salmon    Pasta Primavera

Name: \_\_\_\_\_

*Circle menu selection:*

Chicken Francaise    Salmon    Pasta Primavera

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Are you a support group leader or co-facilitator?

If YES, your name \_\_\_\_\_

# of years with group \_\_\_\_\_

Name of Group \_\_\_\_\_

Total Amount Enclosed (\$25.00 person) \_\_\_\_\_

**Space is limited; Registrations due by March 21, 2008.**

Please make checks payable to and send to:  
NJ APDA Parkinson's I & R Center  
120 Albany Street, Suite 360  
New Brunswick, NJ 08901  
office: 732-745-7520

**THE PINES MANOR**  
2085 Route 27, PO Box 576  
Edison, New Jersey 08817  
(732) 287-2222

www.pinesmanor.com

**FROM THE NORTH**

Garden State Parkway South

To exit 130 bearing right onto Route 1 South. Follow to Interstate 287 North. Follow to Exit 2B (Route 27 South, New Brunswick). Bear right onto Route 27 South. Pines Manor is a half-mile on the right.

Interstate 287 South

Follow to Exit 3 (Metuchen-New Durham). Make a left off exit onto New Durham Road. Cross over bridge, staying to your right. At the first light, make a right onto Bridge St. Follow to the next traffic light and make a right onto Route 27 South. Pines Manor is a half-mile on the right.

New Jersey Turnpike South

To exit 10. Follow signs to Interstate 287 North. Follow to Exit 2B (Route 27 South, New Brunswick). Bear right onto Route 27 South. Pines Manor is a half-mile on the right.

Route 1 South

Follow to Interstate 287 North. Follow to Exit 2B (Route 27 South, New Brunswick). Bear right onto Route 27 South. Pines Manor is a half-mile on the right.

**FROM THE SOUTH**

Garden State Parkway North

To Exit 127. Take Interstate 287 North and follow to Exit 2B (Route 27 South, New Brunswick). Bear right onto Route 27 South. Pines Manor is a half-mile on the right.

Interstate 287 North

Follow to Exit 2B (Route 27 South, New Brunswick). Bear right onto Route 27 South. Pines Manor is a half-mile on the right.

Route 1 North

To the Plainfield Ave. jug handle. Cross over Route 1 and go to the second traffic light, which is Route 27 (Lincoln Highway). Make a right onto Route 27 North. Go four traffic lights and Pines Manor will be on the left.

New Jersey Turnpike North

To Exit 10. Follow signs to Interstate 287 North. Follow to Exit 2B (Route 27 South, New Brunswick). Bear right onto Route 27 South. Pines Manor is a half-mile on the right.

**LIVING WELL WITH  
PARKINSON'S DISEASE**

*The NJ APDA Parkinson's  
Information & Referral Center  
and NJ Chapter APDA Present:*

*Annual Spring Conference  
People with Parkinson's and Families*



Saturday, March 29, 2008  
9:30 am to 3:15 pm  
The Pines Manor, Edison, NJ



ROBERT WOOD JOHNSON  
MEDICAL SCHOOL  
University of Medicine & Dentistry of New Jersey



ROBERT WOOD JOHNSON  
UNIVERSITY HOSPITAL

Please join us...  
Saturday, March 29, 2008

## LIVING WELL WITH PARKINSON'S DISEASE

*Annual Spring Conference  
People with Parkinson's and Families*

This year's conference will be held at  
The Pines Manor in Edison, NJ.

The all day conference will feature speakers:  
Leslie Gibson, RN, Dr. M. Tagliati,  
Stacie Mishler, and Dr. Dan Weintraub.

The registration fee is \$25.00 per person,  
which includes continental breakfast, lunch  
and all educational handouts.

If you are traveling a distance and wish to stay  
overnight, discounted rooms are available at the  
Clarion Hotel (across from the Pines Manor) in  
Edison, NJ. Please call (732) 287-3500 for room  
information. The rate is \$99.00 plus 15% tax.

To receive this room discount please  
indicate that you are with the  
NJ APDA Parkinson's Conference.

We hope that you can join us for this day of  
learning. You will also have the opportunity  
to meet other people with Parkinson's  
disease and caregivers.

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*Questions? Please contact:  
NJ APDA Parkinson's  
Information & Referral Center  
120 Albany Street, Suite 360  
New Brunswick, NJ 08901  
office: 732-745-7520*

**Registration required by March 21, 2008.**

Saturday, March 29, 2008  
THE PINES MANOR  
Edison, NJ

### AGENDA

8:30 am to 9:30 am

Registration/ Continental Breakfast  
Book signing- Parkinson's for Dummies

9:30 am to 9:40 am

Welcome & Introductions

9:40 am to 10:40 am

*Lighten Up with Laughter*  
Leslie Gordon, RN, BSN  
The Humor Project, Inc.

10:40 am to 10:50 am

Break

10:50 am to 12:10 pm

*Current Management of PD:  
From Exercise to Surgery*  
Dr. M. Tagliati  
Movement Disorder Specialist  
Mount Sinai School of Medicine

12:10 pm to 1:30 pm

Lunch  
Presentation of Service Awards  
Raffle

1:30 pm to 1:45 pm

Return to Conference Room

1:45 pm to 2:00 pm

*Parkinson's Unity Walk*  
Stacie Mishler, Event Director  
Parkinson's Unity Walk

2:00 pm to 3:15 pm

*Potential Psychiatric and Cognitive  
Complications in Parkinson's Disease*  
Dr. Dan Weintraub  
University of Pennsylvania

### CONFERENCE SPEAKERS

Leslie Gordon, RN, BSN  
*The Humor Project, Inc*

*Do you have stress in your life? Current research  
has found that laughter can help balance distress  
and actually boost your immune system! Learn  
strategies for responding, adapting and managing  
a variety of changes. Be prepared to laugh, relax  
and look at creative stress management techniques.*

**Dr. M. Tagliati**  
*Movement Disorder Specialist  
Mount Sinai School of Medicine*

*Dr. Tagliati will discuss the evolving management  
of PD, which in addition to medications, currently  
includes possible neuroprotective strategies such  
as exercise and diet, as well as the benefits from  
new surgical approaches.*

**Stacie Mishler**  
*Event Director  
Parkinson's Unity Walk*

*Stacie will show an inspiring video of the Unity  
Walk, and update us about all the new and exciting  
things for the April 26, 2008 Unity Walk, including  
a Walk webcast.*

**Dr. Dan Weintraub**  
*Assistant Professor of Psychiatry and Neurology  
University of Pennsylvania*

*Dr. Weintraub will focus on the epidemiology,  
clinical presentation and management of a range  
of psychiatric and cognitive complications that can  
occur in Parkinson's disease, including depression,  
anxiety, psychosis, cognitive impairment, dementia,  
impulse control disorders, and disorders of sleep  
and wakefulness.*