Robert Wood Johnson University Hospital
2014 Education Program Offerings
January 2014

Dear RWJ Magnet Nurses,

Herewith is our educational offerings booklet for 2014. We are very proud of all the educational offerings that are occurring and we wanted to make sure that you have the opportunity to mark your calendars. The official flyers will be coming out closer to the date of each educational offering to help provide you with the specifics of each program. Please take note of the Center for Nursing Practice website and monthly calendar to keep you up to date as to any changes or additional courses.

Please note that we are a provider of contact hours and when contact hours are available you will be notified in the official flyer.

Please feel free to contact Cheryl Barber at 732-828-3000 X-8500 or cheryl.barber@rwjhu.edu or your Clinical Nurse Specialist / Clinical Nurse Educator for additional information. As always we are so proud of you and we look forward to providing you with the best educational opportunities for 2014.

Sincerely,
The Clinical Nurse Specialist/Clinical Nurse Educator Group
Continuing Education

The Nursing Division is committed to contributing toward the development of all staff in provision of safe, competent and quality patient care by presenting educational activities that enhance clinical knowledge and skills. We extend to you the invitation to continue to grow in your career, and to take full advantage of these opportunities to be an active participant in the learning process.

Robert Wood Johnson University Hospital is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation, P#133-4/13-16

N.J. Department of Education Professional Provider #1400

Approved status does not imply endorsement by Robert Wood Johnson University Hospital, NJSNA, or ANCC of any commercial products or services.

Commercial support statement for each program will be printed in final marketing material
Parking

For non-RWJUH New Brunswick employees, parking is available at various New Brunswick Parking Authority facilities (NBPA). Please visit www.njnbpa.org for details and directions.

For RWJUH New Brunswick employees, please refer to the RWJUH Parking policy on the hospital intranet for additional information.
NRP 2014

Remember you must complete the online test no more than 30 days prior to the skills validation.

<table>
<thead>
<tr>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday, January 10</td>
</tr>
<tr>
<td>Tuesday, February 11</td>
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<tr>
<td>Tuesday, March 25</td>
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<tr>
<td>Friday April 11</td>
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<td>Wednesday, May 21</td>
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<td>Thursday, May 29</td>
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<td>Monday, June 23</td>
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<td>Wednesday, June 25</td>
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<td>Thursday, June 26</td>
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<td>Thursday, July 24</td>
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<td>Friday, August 15</td>
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<tr>
<td>Wednesday, September 17</td>
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<tr>
<td>Friday, October 17</td>
</tr>
<tr>
<td>Tuesday, November 25</td>
</tr>
</tbody>
</table>

All participants must be registered to attend any of these classes. To register, go to the Intranet and click on Center for Nursing Practice & Education, then click on Course Registrations. For questions, call or email Cheryl Barber—Nursing Education (ext. 8500 or cheryl.barber@rwjuh.edu). All non-RWJUH participants will be charged a fee of $50.00.

All classes will require participants to complete the online test lessons 1-9. All classes will start at 7:30 a.m. in the Special Care Nursery (SCN).
## 2014 Evidence Based Practice Journal Club Meetings

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Service</th>
<th>Contact Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>3rd Monday of every month</td>
<td>7:30 a.m.</td>
<td>Main PACU</td>
<td>Perioperative PACU</td>
<td>Adriana, X-4730</td>
</tr>
<tr>
<td>3rd Tuesday of every month</td>
<td>7:45 a.m.</td>
<td>2 CORE SIM Lab</td>
<td>Cardiology/Medicine</td>
<td>Suzanne Gregory, X-8036</td>
</tr>
<tr>
<td>3rd Tuesday of every month</td>
<td>2:00 p.m.</td>
<td>2 CORE SIM Lab</td>
<td>Cardiology/Medicine</td>
<td>Suzanne Gregory, X-8036</td>
</tr>
<tr>
<td>1st Wednesday of every month</td>
<td>7:30 a.m.</td>
<td>Auditorium</td>
<td>Perioperative OR</td>
<td>Myrna Young, X-8449</td>
</tr>
<tr>
<td>1st Wednesday of every month</td>
<td>2:30 p.m.</td>
<td>BMSCH 1st Floor Conf Room</td>
<td>Perioperative OR</td>
<td>Suzanne Gregory, X-8036</td>
</tr>
<tr>
<td>4th Tuesday of every month</td>
<td>7:45 a.m.</td>
<td>5N Conf Room</td>
<td>Oncology</td>
<td>Ashley Mickiewicz, X-5710</td>
</tr>
<tr>
<td>4th Tuesday of every month</td>
<td>2:30 p.m.</td>
<td>BMTU Conf Room</td>
<td>Oncology</td>
<td>Ashley Mickiewicz, X-5710</td>
</tr>
<tr>
<td>2nd Wednesday of every month</td>
<td>2:30 p.m.</td>
<td>NICU Conf Room</td>
<td>Pediatric</td>
<td>Lisa Laws, X-3841</td>
</tr>
<tr>
<td>2nd Wednesday of every month</td>
<td>4:00 p.m.</td>
<td>NICU Conf Room</td>
<td>Pediatric</td>
<td>Lisa Laws, X-3841</td>
</tr>
<tr>
<td>2nd Wednesday of every month</td>
<td>9:00 p.m.</td>
<td>NICU Conf Room</td>
<td>Pediatric</td>
<td>Lisa Laws, X-3841</td>
</tr>
<tr>
<td>2nd Thursday of every month</td>
<td>7:45 a.m.</td>
<td>3N Conf Room</td>
<td>Critical Care/ED</td>
<td>Linda Tamburri, X-8661</td>
</tr>
<tr>
<td>2nd Thursday of every month</td>
<td>3:00 p.m.</td>
<td>3N Conf Room</td>
<td>Critical Care/ED</td>
<td>Linda Tamburri, X-8661</td>
</tr>
<tr>
<td>3rd Thursday of every month</td>
<td>4:00 p.m.</td>
<td>2E/2W Conf Room</td>
<td>Perinatal</td>
<td>Kathy Mahoney, X-3839</td>
</tr>
<tr>
<td>3rd Thursday of every month</td>
<td>10:00 p.m.</td>
<td>L&amp;D Conf Room</td>
<td>Perinatal</td>
<td>Kathy Mahoney, X-3839</td>
</tr>
<tr>
<td>Last Thursday of every month</td>
<td>7:45 a.m.</td>
<td>6N Conf Room</td>
<td>Surgery</td>
<td>Melissa Reynolds, X-5740, Melissa Ciccarelli, X-5394</td>
</tr>
<tr>
<td>Last Thursday of every month</td>
<td>2:00 p.m.</td>
<td>6N Conf Room</td>
<td>Surgery</td>
<td>Melissa Reynolds, X-5740, Melissa Cicarelli, X-5394</td>
</tr>
</tbody>
</table>

*All meetings, dates and times are subject to change*

Please check the EBP site for updated information

There will not be a meeting in November due to the Annual Nursing Research Conference
2014 CPR Recertification
For Nursing Division Staff

Dates and Time Schedules:

March 3 (7:30a-12:00p)
June 23 (12:00n-4:00p)
October 27 (12:00n-4:00p)
May 9 (7:30a-12:00p)
September 12 (7:30a-12:00p)
December 22 (7:30a-12:00p)

Location: Auditorium

For those with a current CPR card

And a completion certification from the online tutorial found at www.onlineaha.org

Appointments available every 20 minutes during the above time schedules

Register with the Center for Nursing Practice and Education @ Ext. 8500

PLEASE BRING A PHOTOCOPY OF YOUR CURRENT CARD AND ONLINE CERT

For those with a CPR card that has expired
Register with EMS @ ext. 8686 for an initial class
Nursing Morbidity and Mortality (M&M)  
2014 Monthly Conference

4th Friday of every Month  
8:00 a.m. to 9:00 a.m.

Hospital Auditorium

Various nursing units will be scheduled to present

All staff is welcome to attend
Coffee and Tea will be served

For additional information contact:
Kathy Zavotsky, 732-828-3000, X-5123
Email: kathy.zavotsky@rwjuh.edu
2014 Annual Women and Children’s Practice Validation

Women and Children’s practice validation sessions (for “hands-on mandatories”) will be held four times this year. Competencies demonstrated will be Pain, Restraints and Safe Patient Handling. **It is every nurse’s responsibility to attend one session.** Competencies can also be demonstrated at the bedside, in lieu of attendance (see your CNS/CNE for details). It will take approximately 30 minutes for you to complete your skills validation.

**Wednesday, January 8th**  
**Thursday, February 20th**  
**Wednesday, March 12th**  
**Friday, March 28th**

3:00pm – 11:00pm  
Location: Peds Express AND Special Care Nursery

- Pediatrics  
- Adolescents  
- Peds Float Pool  
- PEDS ED  
- NICU  
- PICU  
- Peds Same Day  
- Peds Hem Onc  
- Peds OR  
- Newborn Nursery  
- Postpartum  
- Labor and Delivery

For additional information, contact:  

Adriana Rizzolo, pager 9002  
Email: adriana.rizzolo@rwjuh.edu, or  
Kathy Mahoney, pager 9511  
Email: kathleen.mahoney@rwjuh.edu
2014 Cluster Practice Validation

Wednesday, January 22\textsuperscript{nd}
Tuesday, February 18\textsuperscript{th}
Tuesday, March 11\textsuperscript{th}
Monday, April 7\textsuperscript{th}
Thursday, October 16\textsuperscript{th}

11:00 a.m. to 12:30 p.m.
Simulation Lab – 2 Core

Cluster practice validation sessions will be held four times in 2014. All four topics of cluster training education on the HealthStream must be completed and you must have certifications before you attend the skills validation.

For more information, contact:
Shiow Lan Wang, MS, RN, CNS, C
Clinical Nurse Specialist
Phone: 732-828-3000, X-2170, Pager 9305 or
Email: shiowlan.wang@rwjuh.edu

To register, go to the Intranet and click on “Center for Nursing Practice and Education” and click on “Course Registrations”
2014 Annual Nurses Practice Validation

Thursday, January 23rd
Tuesday, February 25th
Wednesday, March 19th
Monday, April 21st

2:00 PM – 12:00 AM
Last registration is at 11:00 PM

Location: Courtyard

~ Annual Nurses Practice Validation sessions (for “hands-on mandatories”) is for both Med Surge and Critical Care services combined. It is every nurse’s responsibility to attend one session. It will take approximately 45 minutes for you to complete your skills validation.

Skills include:
Restraints, Safe Patient Handling, Pressure Ulcer Staging, Pressure Ulcer Treatment, Foley Catheter Maintenance and Documentation, Pain Documentation

Elective Skills:
Fecal Management System, Cardinal Incontinence Pad, Aspira Catheter and Drainage, Peritoneal Dialysis Cycler, Port-a-Cath accessing, Ventriculostomy and A-line setup and maintenance, Rapid Infuser setup and maintenance.

For additional information contact:
Patricia James – pager 1299, X-5702
Email: patricia.james@rwjuh.edu, or
Liz Russer – pager 9153, X-5879
Email: Elizabeth.russer@rwjuh.edu
Heart Transplant Course

Wednesday, February 19, 2014
8:30am – 4:00pm
Small Private Dining Room

This course will prepare nurses to care for a patient with a heart transplant.

For more information and to register, please contact:
Suzanne Gregory, MS, RN, CCRN, APN, C
Clinical Nurse Specialist
Phone: 732-828-3000 X-8036, pager 1577
Email: suzanne.gregory@rwjuh.edu
2014 Introduction to Continuous Renal Replacement Therapy (CVVH)

Tuesday, February 25th
8:00am – 1:00pm
Location: 3 North Conference Room

Wednesday, February 26th
8:00am – 1:00pm
Location: Small Private Dining Room

This course is designed for critical care nurses caring for patients receiving CVVH. Completion of two pre-requisite HealthStream programs is required prior to attending the class.

For more information, contact:
Email: sandia.royal@rwjuh.edu
Sandia Royal – pager 9332
Email: linda.tamburri@rwjuh.edu
Linda Tamburri – pager 1091

Space is limited and you must receive approval from your CNS/CNE to attend.

To register, go to the Intranet and click on “Center for Nursing Practice and Education” and click on “Course Registrations”
The Most Respected Name in Nursing

Protecting Your Patient, Protecting Your Practice:
Providing Safe Patient Care

Monday, April 14, 2014
7:30am –1:00pm
Hospital Auditorium

The purpose of this conference will be to assist the nurse in utilizing evidence
based best practices as well as professional frameworks to help empower and
protect your practice. This will also include a review of the New Jersey Nurse
Practice Act and the ANA Code of Ethics for Nurses

**RWJUH Employees Cost:** $5.00 ($10.00 at the door)
Students: $35.00
RWJ Health Network & Consortium: $35.00
All others: $75.00

**For more information contact:**
Myrna Young, MSN, RN, CNOR
Clinical Nurse Specialist
Phone: 732-418-8449  Beeper: 732-437-8184
Email: myrna.young@rwjuh.edu

**Employees, please register online at the**
Center for Nursing Practice and Education site
Click on “Course Registrations”
All others, contact Cheryl Barber, 732-828-3000, X-6676
Email: cheryl.barber@rwjuh.edu

Make checks payable to RWJUH

Send checks to:
Cheryl Barber
RWJUH – Nursing Education Dept.
193 Somerset Street
New Brunswick, NJ 08901

or employees can place checks in Cheryl Barber’s mailbox in the Nursing Office, 1st floor, Admin. Bldg
Introduction to Intra-Aortic Balloon Pump (IABP) Therapy

Tuesday, April 22, 2014
8:30am -- 1:00pm

Tuesday, September 30, 2014
8:30am – 1:00pm

Location: MCC Conference Room

This course is designed for critical care nurses caring for patients with IABP therapy. Completion of an online module is required prior to attending the class.

Registration is required, by contacting one of the following:

Email: ray.bennett@rwjuh.edu
Ray Bennett—extension 8686
Email: sandia.royal@rwjuh.edu
Sandia Royal – pager 9332
The Most Respected Name in Nursing

Robert Wood Johnson University Hospital’s Peds/Adult Oncology Fundamentals

Part I: Basics
Tuesday, May 13, 2014
7:30am – 4:30pm

Part II: Oncology Hot Topics/Trends
Thursday, October 9, 2014
7:30am – 12:00noon
Hospital Auditorium

Purpose: to provide an overview of key concepts in the care of Peds/Adult oncology patients

RWJUH Employees Cost: $5.00 ($10.00 at the door)
Students: $35.00
RWJ Health Network & Consortium: $35.00
All Others: $75.00

For more information contact:
Ashley Mickiewicz (ashley.mickiewicz@rwjuh.edu), pager 9417,
Becky Ramos (rebecca.ramos@rwjuh.edu), pager 9534,
Melissa Reynolds (melissa.reynolds@rwjuh.edu), pager 9092, or
Adriana Rizzolo (adriana.rizzolo@rwjuh.edu), pager 9002

Employees, please register online at the Center for Nursing Practice and Education site
Click on “Course Registrations”
All others, contact Cheryl Barber, 732-828-3000, X-6676
Email: cheryl.barber@rwjuh.edu

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RWJUH – Nursing Education Dept.
193 Somerset Street
New Brunswick, NJ 08901

or employees can place checks in Cheryl Barber’s mailbox in the Nursing Office, 1st floor, Admin. Bldg
"Introduction to Cardiac Auscultation"

Presented by Dr. Daniel Shindler.
(Professor of Medicine & Director, Echocardiography Laboratory)

Thursday, May 15, 2014

12:00noon – 1:00pm
3N Conference Room

The purpose of this program is to educate nurses about how to use the stethoscope, identify normal and abnormal heart sounds, identify normal and abnormal murmurs, and classify heart murmurs.

For more information, contact:
Shiow Lan Wang, MS, RN, CNS, C
Clinical Nurse Specialist
Phone: 732-828-3000, X-2170, Pager 9305 or
Email: shiowlan.wang@rwjuh.edu

To register, go to the Intranet and click on
“Center for Nursing Practice and Education” and click on
“Course Registrations”
2014 CCT/PCT Skills Validation Fair

SAVE THE DATES!

Monday, May 19th
6:00 a.m. to 4:00 p.m.

Thursday, July 10th
8:00 p.m. to 2:00 a.m.

Monday, October 13th
2:00 p.m. to 8:00 p.m.

Location: Courtyard

For more information contact:

Claudia Pagani, MSN, RN, RNBC
Email: claudia.pagani@rwjuh.edu or
Nicole Rolston, MSN, RN
Email: nicole.rolston@rwjuh.edu, or
Myrna Young, MSN, RN, CNOR
Email: myrna.young@rwjuh.edu

Phone: 732-828-3000, X-8500
Geriatrics Conference

Monday, June 9, 2014
7:30am – 12:30pm
Hospital Auditorium

**RWJUH Employees Cost:** $5.00 ($10.00 at the door)
Students: $35.00
RWJ Health Network & Consortium: $35.00
All others: $75.00

**For more information contact:**
Ellie Incalcaterra, MSN, RN, APN
Clinical Nurse Specialist
Phone: 732-937-8785
Email: eleanor.incalcaterra@rwjuh.edu

**Employees, please register online at the**
Center for Nursing Practice and Education site
Click on “Course Registrations”
All others, contact Cheryl Barber, 732-828-3000, X-6676
Email: cheryl.barber@rwjuh.edu

Make checks payable to RWJUH

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RWJUH – Nursing Education Dept.
193 Somerset Street
New Brunswick, NJ 08901

or employees can place checks in Cheryl Barber’s mailbox in the Nursing Office, 1st floor, Admin. Bldg
Critical Care Registered Nurse (CCRN)/Progressive Care Registered Nurse (PCCN) Review Course

Monday, July 21, 2014
7:30am – 4:00pm
Hospital Auditorium

The purpose of this course is to help prepare Registered Nurses to successfully pass either the CCRN or PCCN exam

**RWJUH Employees Cost:** $15.00 ($20.00 at the door)
Students: $75.00
RWJ Health Network & Consortium: $75.00
All Others: $125.00

For more information contact:
Kathleen Zavotsky, MS, RN, CCRN, CEN, ACNS-BC
Director, Nursing Research, Advanced Practice and Education

Phone: 732-828-3000 X-5123
Email: kathy.zavotsky@rwjuh.edu

Employees, please register online at the Center for Nursing Practice and Education site
Click on “Course Registrations”
All others, contact Cheryl Barber, 732-828-3000, X-6676
Email: cheryl.barber@rwjuh.edu

Make checks payable to RWJUH

Send checks to:
Cheryl Barber
RWJUH – Nursing Education Dept.
193 Somerset Street
New Brunswick, NJ 08901

or employees can place checks in Cheryl Barber’s mailbox in the Nursing Office, 1st floor, Admin. Bldg
The purpose of this program is to educate nurses about how to identify the normal and abnormal splitting of the second heart sounds, extra heart sounds (S3 and S4), abnormal murmurs and differentiate some of the common heart murmurs. Please attend the “Introduction to Cardiac Auscultation” lecture first.

For more information, contact:
Shiow-Lan Wang, MS, RN, CNS, C
Clinical Nurse Specialist

Phone: 732-828-3000, ext. 2170, Pager 9305 or
Email: shiowlan.wang@rwjuh.edu

To register, go to the Intranet and click on “Center for Nursing Practice and Education” and click on “Course Registrations”
The title of this course is: TBD

RWJUH Employees Cost: $15.00 ($20.00 at the door)
Students: $75.00
RWJ Health Network & Consortium: $75.00
All Others: $125.00

Speakers:
TBD

Questions: Call Kathy Mahoney, 732-437-1174
Email: Kathleen.mahoney@rwjuh.edu

Employees, please register online at the Center for Nursing Practice and Education site
Click on “Course Registrations”
All others, contact Cheryl Barber, 732-828-3000, X-6676
Email: cheryl.barber@rwjuh.edu

Make checks payable to RWJUH Breastfeeding Conference

Lunch will be served.

Send checks to:
Cheryl Barber
RWJUH -- Nursing Education Dept.
193 Somerset Street
New Brunswick, NJ 08901

or employees can place checks in Cheryl Barber’s mailbox in the Nursing Office, 1st floor, Admin. Bldg.
25th Annual Lois Pollack Pediatric Nursing Conference

Date: September/October 2014 (TBD)
Time: (TBD)
New Jersey Hospital Association
760 Alexander Road
Princeton, NJ 08540

Posters, lectures and networking will take place

**RWJUH Employees Cost: $15.00 ($20.00 at the door)**
Students: $75.00
RWJ Health Network & Consortium: $75.00
All Others: $125.00

**For more information contact:**
Lisa Laws, MSN, RN, RN-NIC, NNP-BC, Ext. 3841, pager 9155
Kathy Mahoney, MSN, RN, APN, Ext. 3839, pager 9511
Becky Ramos, MS, RN, Ext. 2614, pager 9534
Adriana Rizzolo, MS, CPNP-PC, Ext. 4730, pager 9002

**Employees, please register online at the**
Center for Nursing Practice and Education site
**Click on “Course Registrations”**
All others, contact Cheryl Barber, 732-828-3000, X-6676
Email: cheryl.barber@rwjuh.edu

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RWJUH -- Nursing Education Dept.
193 Somerset Street
New Brunswick, NJ 08901

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The Most Respected Name in Nursing

Medical-Surgical Nursing (RN-BC) Review Course

Friday, October 3, 2014
7:30am – 4:00pm
Auditorium

The purpose of this course is to help prepare Registered Nurses to successfully pass the RN-BC exam

RWJUH Employees Cost: $15.00 ($20.00 at the door)
Students: $75.00
RWJ Health Network & Consortium: $75.00
All Others: $125.00

For more information contact:
Kathleen Zavotsky, MS, RN, CCRN, CEN, ACNS-BC
Director, Nursing Research, Advanced Practice and Education

Phone: 732-828-3000 X-5123
Email: kathy.zavotsky@rwjuh.edu

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Click on “Course Registrations”
All others, contact Cheryl Barber, 732-828-3000, X-6676
Email: cheryl.barber@rwjuh.edu

Make checks payable to RWJUH

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Cheryl Barber
RWJUH – Nursing Education Dept.
193 Somerset Street
New Brunswick, NJ 08901

or employees can place checks in Cheryl Barber’s mailbox in the Nursing Office, 1st floor, Admin. Bldg.
The Most Respected Name in Nursing

So You Think You Can Lead?
Leadership Tools for the Staff Nurse

Friday, November 7, 2014
7:30am – 12:00pm
Hospital Auditorium

The purpose of this course is to provide staff nurses with tools to enhance Leadership skills in a non-clinical setting. Topics include how to conduct a meeting, preparing for a presentation and using effective communication skills.

**RWJUH Employees Cost:** $5.00 ($10.00 at the door)
Students: $35.00
RWJ Health Network & Consortium: $35.00
All others: $75.00

For more information contact:
Claudia Pagani, Nicole Rolston or Myrna Young in Nursing Education

Phone: 732-828-3000, X-8500
Email: claudia.pagani@rwjuh.edu, nicole.rolston@rwjuh.edu, or myrna.young@rwjuh.edu

Employees, please register online at the
Center for Nursing Practice and Education site
Click on “Course Registrations”
All others, contact Cheryl Barber, 732-828-3000, X-6676
Email: cheryl.barber@rwjuh.edu

Make checks payable to RWJUH

Send checks to:
Cheryl Barber
RWJUH – Nursing Education Dept.
193 Somerset Street
New Brunswick, NJ 08901

or employees can place checks in Cheryl Barber’s mailbox in the Nursing Office, 1st floor, Admin. Bldg.
Critical Care Obstetrics

Tuesday, November 11, 2014
8:00am – 4:00pm
Hospital Auditorium

Through lectures, demonstrations and high fidelity simulation scenarios, this program covers basic and advanced concepts in nursing management of the critically ill obstetrical patient.

RWJUH Employees Cost: $15.00 ($20.00 at the door)
Students: $75.00
RWJ Health Network & Consortium: $75.00
All Others: $125.00

For more information contact:
Kathy Mahoney x3839, pager 9511
Linda Tamburri x8661, pager 1091

Employees, please register online at the Center for Nursing Practice and Education site
Click on “Course Registrations”
All others, contact Cheryl Barber, 732-828-3000, X-6676
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193 Somerset Street
New Brunswick, NJ 08901

or employees can place checks in Cheryl Barber's mailbox in the Nursing Office, 1st floor, Admin. Bldg.
Robert Wood Johnson University Hospital’s
9th Annual Nursing Research Day
“Oldies but Goodies!”

Thursday, November 13, 2014
7:30am – 1:00pm
Arlene and Henry Schwartzman Courtyard

The purpose of this course is to showcase the current nursing research studies being performed at RWJUH, to highlight our innovative practice and review the basic principles of research.

Posters, lectures and networking will take place

**RWJUH Employees Cost:** $5.00 ($10.00 at the door)
- Students: $35.00
- RWJ Health Network & Consortium: $35.00
- All Others: $75.00

**For more information contact:**
Kathleen Zavotsky, MS, RN, CCRN, CEN, ACNS-BC
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New Brunswick, NJ 08901

or employees can place checks in Cheryl Barber's mailbox in the Nursing Office, 1st floor, Admin. Bldg.
ENA’s *Emergency Nurse Pediatric Course* (ENPC) is a 16-hour course using lecture and small-group activities to provide core-level pediatric knowledge and psychomotor skills needed to care for pediatric patients in the emergency setting. The course presents a systematic assessment model, integrates the associated anatomy, physiology, and pathophysiology, and identifies appropriate interventions. Triage categorization and prevention strategies are included in the course content. ENPC is taught using a variety of formats, including lectures, videotapes, and includes skill stations that encourage participants to integrate their psychomotor abilities into a patient situation in a risk-free setting.

ENA’s *Emergency Nursing Pediatric Course* provides participants the opportunity to strengthen and develop their pediatric emergency nursing skills while expanding their personal growth by collaborating with nurses from a variety of practice settings. ENPC brings together participants from various emergency department settings as well as nurses working in other specialties of nursing.

**Course Highlights**

*ENPC include these Pediatric-focused features:*

- Performing a systematic triage assessment
- Completing an observational or “across the room” assessment
- Identifying subtle changes that indicate a worsening condition
- Helpful hints, clinical pearls, and tricks
- Cultural considerations
- Pain management
- Techniques for interacting with the child and family
- And more...

**ENPC Verification**

Verification will be issued from ENA with successful completion of the course. Verification remains current for four years.

**Continuing Education Contact Hours (CECHs)**

All participants are eligible to receive CECHs. The awarding of CECH is based on hours attended, regardless of evaluation outcomes.
**EMS Education**  
126 Patterson Street, New Brunswick, NJ

**Registration Form**

ALL REGISTRATIONS MUST BE PRE-PAID. No seats will be reserved or certificates/credit awarded without payment. No refunds or credits will be issued for incomplete coursework, failures or absences. Click here for our refund and cancellation policy. Student substitutions for a particular course are allowed up to the end of the business day preceding the course without fee or penalty. A fee will be assessed for returned checks and certificates/credit will be withheld until payment has been completed. Available seats are filled on a first come-first served basis. Only preregistered students will be notified if the course is cancelled or rescheduled. EMS & Trauma Education reserves the right to reschedule or cancel seminars for lack of interest as measured by the number of preregistered students. RWJUH (New Brunswick) employees should contact EMS & Trauma Education at 732-937-8686 (hospital x8686) for special registration information. Telephone or e-mailed registrations will not be accepted. Registrations with credit card payment can be faxed with a cover page to “Course Registration” at 732-418-8199. Students should complete the registration form below, which may be duplicated, and send it with payment to EMS & Trauma Education, Robert Wood Johnson University Hospital, One Robert Wood Johnson Place, P.O. Box 2601, New Brunswick, NJ 08903-2601

***Incomplete registration forms or those without payment will not be processed and may be returned.***

<table>
<thead>
<tr>
<th>Name</th>
<th>Professional level:</th>
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<tr>
<td>Address</td>
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**ENPC - Enter Course Date below**

<table>
<thead>
<tr>
<th>Tuition/Fees</th>
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<tr>
<td>Attach copy of ENA card (ENA Member $300) $</td>
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<td>(ENA Non-Member $350) $</td>
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</tbody>
</table>

Cancellation Refunds: Less than two business days--No refund. Two to five business days--50% refund. Six to 10 business days--75% refund. Over 10 business days--full refund. Cost of course materials will be deducted from refund unless they are returned in brand new condition before the class.

**For Credit Card Payment Only**

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<th>Card Type (check one):</th>
<th>American Express</th>
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Cardholder's Name

Card Number

Expiration Date

Please read and sign below this statement: I agree to pay the total amount noted above per the card issuer agreement.

Cardholder's Signature: ___________________________
# Upcoming Oncology Nursing Education Events

## 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Name of Event</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>02-27-14</td>
<td>Domestic Violence &amp; the Role of the Healthcare Provider</td>
<td>4:30pm – 8:00pm</td>
<td>Aud. A, B &amp; Atrium</td>
</tr>
<tr>
<td>03-27-14</td>
<td>Rutgers Cancer Institute of New Jersey Nursing Education Network (CNEN) Meeting</td>
<td>3:00pm – 5:00pm</td>
<td>Auditorium A &amp; Atrium</td>
</tr>
<tr>
<td>04-09-14</td>
<td>Talking with Patients About Sexuality</td>
<td>5:30pm – 7:30pm</td>
<td>Aud. A, B &amp; Atrium</td>
</tr>
<tr>
<td>05-08-14</td>
<td>Nurse Day Event</td>
<td>3:30pm - 5:30pm</td>
<td>Auditorium A &amp; Atrium</td>
</tr>
<tr>
<td>Summer 2014</td>
<td>Summer Lecture Series – Primary Care TBA</td>
<td>5:30pm – 7:30pm</td>
<td>Aud. A, B &amp; Atrium</td>
</tr>
<tr>
<td>09-25-14</td>
<td>Rutgers Cancer Institute of New Jersey Nursing Education Network (CNEN) Meeting</td>
<td>3:00pm – 5:00pm</td>
<td>Auditorium A &amp; Atrium</td>
</tr>
<tr>
<td>10-28-14</td>
<td>Annual Roche Lecture – Updates in Metastatic Breast Cancer</td>
<td>5:30pm - 8:00pm</td>
<td>Aud. A, B &amp; Atrium</td>
</tr>
<tr>
<td>11-20-14</td>
<td>Emerging Trends - Precision Medicine</td>
<td>5:30pm - 8:00pm</td>
<td>Aud. A, B &amp; Atrium</td>
</tr>
</tbody>
</table>

Visit Oncology Nursing Events at: [http://www.cinj.org/education/oncology-nursing-events](http://www.cinj.org/education/oncology-nursing-events)
Benefits of National Institute of Child Health and Human Development (NICHD) Terminology

- Everyone on the perinatal team speaking the same language when communicating about fetal assessment data
- Clear concise terms to minimize variation among care providers
- Consistency in medical record documentation of fetal status
- Decreased liability exposure should an adverse outcome result in litigation

Objectives

To promote integration of knowledge and skills essential to assessment, promotion and evaluation of fetal safety during labor.

This course enables participants to:

- Analyze fetal heart patterns, uterine activity and their implications for fetal well-being
- Discuss indicated clinical interventions and related maternal-fetal physiology
- Effectively communicate verbal and written data about patient status
- Describe the roles and responsibilities of health care providers in the use of FHM in intrapartum care
- Demonstrate the psychomotor skills used in FHM

Description of the Program

This intermediate course focuses on applying essential fetal heart rate monitoring theory and skills in intrapartum practice. Participants must attend both days.

Day One
Participants will analyze case studies and use a physiologic-based approach to interpret fetal monitoring data.

Day Two
Participants will attend skill stations offering demonstration, practice and testing in auscultation, Leopold’s Maneuvers, insertion and placement of an intrauterine pressure catheter and fetal spiral electrode, interpretation of tracings and identification of communication, documentation, and nursing interventions.

Intermediate Fetal Heart Monitoring Course

8:00 AM-4:30 PM
February 11 & 12, 2014
June 10 & 11, 2014
March 18 & 19, 2014
September 17 & 18, 2014

at
2 King Arthur Court, Suite B
North Brunswick, New Jersey 08902

25 Airport Road, Suite C
Lakewood, NJ 08701

Presented by:

Central Jersey Family Health Consortium

Member Hospitals
Capital Health System, CentraState Medical Center, Community Medical Center, Hunterdon Medical Center, Jersey Shore University Medical Center, Kimball Medical Center, Monmouth Medical Center, Ocean Medical Center, Raritan Bay Medical Center, Riverview Medical Center, Robert Wood Johnson University Hospital, Robert Wood Johnson University Hospital Hamilton, Saint Peter’s University Hospital, Somerset Medical Center, Southern Ocean Medical Center, University Medical Center of Princeton at Plainsboro
Registration

Due to program format, space is limited. Preregistration and payment must be received 3 weeks prior to the date of the course.

Fee: Includes continental breakfast and lunch both days, nursing contact hours, participant packet and a copy of the “Fetal Heart Monitoring Principles and Practices” (Fourth Edition) textbook. Participants must read the text prior to the course and bring the text to the workshop. The text will be mailed to participants upon receipt of payment.

No additional materials are necessary to purchase for this course.

CIFHC reserves the right to cancel the program should there be an insufficient number of participants.

Directions & Parking

Directions will be sent with your registration confirmation and text book. Do not park in reserved parking spaces or along the perimeter of the parking lot. Violators will be towed.

For more information, please call:
Fran LoRaso at 732-937-5437 or e-mail florsso@cifhc.org

In case of inclement weather please call the CIFHC office after 6AM at 732-937-5437

Continuing Education Credit

Nurses

Participants who attend the full workshop earn 18.00 CNE’s awarded by AWHONN and will be available via AWHONN’s online CE/CME system.

No partial credit will be awarded.

AWHONN holds California BRN Provider Number CEP 00580 and Alabama # ABNP0058.

Physicians

Physicians attending this course will receive 15.25 Continuing Medical Education credit for full participation. CME credit is managed by Professional Educations Services Group and will be available via AWHONN’s online CE/CME system.

Nursing Requirements

The course builds on the knowledge and skills of experienced nurses. It is designed for registered nurses with a minimum of six months clinical nursing experience using fetal heart rate monitoring technology in an intrapartum setting.

LPNs and LVNs may attend this course for educational development purposes. LPNs receive contact hours and may elect to participate in the skills stations as a learning experience.

Successful completion of this course is a prerequisite for participation in the Advanced Course.

AWHONN Intermediate Monitoring Course

Registration Form

Registration closes one week in before each scheduled course

Name: __________________________
Address: _________________________
_____________________________________________________________________
Home Phone: _____________________
Affiliation: _______________________
E-mail: __________________________

Date: (please select one)

North Brunswick, NJ:
February 11 & 12, 2014 _____
June 10 & 11, 2014 _____
Lakewood, NJ:
March 18 & 19, 2014 _____
September 17 & 18, 2014 _____

Registration Fee:

$145 For CIFHC Member Hospitals* (see reverse side) _____
$195 For all others _____

Payment Options: Check one

( ) PayPal payment:
Go to www.cifhc.org
Click on “Upcoming Events” on sidebar of home page

( ) Check payable to CIFHC. Amount enclosed $_____

Mail registration form to:
Central Jersey Family Health Consortium
2 King Arthur Court, Suite B
North Brunswick, NJ 08902
The Central Jersey Family Health Consortium

Presents

Breastfeeding Support

The Nurse's Role

February 19 & 20, 2014
7:15 A.M. - 4:30 P.M.

CJFHC
Central Jersey Family Health Consortium

2 King Arthur Court, Suite B
North Brunswick, New Jersey 08902
www.cjfc.org

Objectives
By the end of this program participants will be able to:
- Identify hospital practices, public health policies, cultural beliefs and support systems that promote breastfeeding.
- Discuss the benefits of exclusive breastfeeding supported by research.
- Relate the production of breast milk to maternal hormone and newborn suckling.
- Explain how skin to skin facilitates latch and breastfeeding.
- Identify appropriate positioning of mother and baby for a successful latch.
- Relate the newborn's states of alertness, neuromuscular development, and orientation to the ability to latch and suckle.
- Identify the signs of sufficient milk supply.
- Identify the proper equipment and hands on skills needed for instructing the mother on maternal expression and pumping.
- Describe the breastfeeding challenges faced by the mother and her preterm and/or near preterm infant.
- Identify the assessments and interventions for newborns with cleft lip and palate, jaundice, hypoglycemia and nipple inversion.
- Select interventions for the mother experiencing nipple soreness, cracked and bleeding nipples, engorgement, and mastitis.
- Summarize factors which must be considered in individual situations associated with drugs and breastfeeding.
- Discuss the use of pasteurized human donor milk.
- Demonstrate at least 2 skills: breast, latch, and infant state assessments/interactions; positioning, communication, pumping, manual expression, use of alternative feeding methods, formula preparation, and suck training.

Purpose
The purpose of this two day program is to provide evidence-based breastfeeding education to nurses working in hospitals and their affiliated clinics so they can better support the mother-infant dyad.

Continuing Education
This program has been awarded 8.0 nursing contact hours for each day.

The Central Jersey Family Health Consortium is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Provider number P02-2/14. Provider approval is valid through February 28, 2014.

Disclosures
There is no commercial or non-commercial support for this continuing nursing education activity.

Planners and speakers do not have any financial disclosures to make.

Questions
Pat LoRaso
732-937-5437, ext. 110
or loraso@cjfhc.org

In case of inclement weather please call the CJFHC office after 6AM at 732-937-5437

Course size limited, register early!

Please be mindful of room temperature fluctuations and dress in layers.
Registration Form
Breastfeeding Support: The Nurse’s Role
February 19 & 20, 2014
Registration Deadline: 5 days prior to course

Name: ____________________________
Address: ____________________________
Phone: ____________________________
E-mail: ____________________________
Affiliation: ____________________________

Textbook is required. (See Prerequisite)*
If you are employed at a CMHC member hospital, a
lender textbook is available at your institution.
Please ask your OB manager, education or lactation
consultant about the textbook.

For all other participants the fee includes the
textbook.

Please select one attendance choice and fee
associated:

Number of Days Attending and Fee
Consortium Participants All Other Member Hospitals*
Both Days $300.00 $120
Day 1 only $135.00 $100
Day 2 only $135.00 $100

Payment Options:
- Online registration via PayPal. go to www.cfhc.org –
look under “Upcoming Events”
or
- Make check payable to CFHC and mail with
registration form to:
Central Jersey Family Health Consortium
2 King Arthur Court, Suite B
North Brunswick, NJ 08902
732-937-5437

Day 1
7:15 Registration, Continental Breakfast
7:30 Welcome and Announcements
7:35 Pretest
7:45 Determinants of Breastfeeding: The Impact of Values, Beliefs, Culture, Communication with New Parents, Health Care Practices, and Public Policies
8:30 Human Milk Supply: Anatomy and Physiology, and Breast Assessment
9:45 BREAK
9:55 Assessment of the Newborn’s Abilities and Role During Skin to Skin and Breastfeeding
11:05 Skills Stations
11:40 LUNCH
11:15 Positioning and Latch: Assisting and Assessing the Dance of Breastfeeding
1:20 Breastfeeding Considerations for The Late Preterm Infant
2:20 BREAK
2:30 Skills Stations
3:05 Alternative Feeding Methods
4:10 Written Test
4:25 Evaluation
4:30 Adjournment

Day 2
7:15 Registration, Continental Breakfast
7:30 Welcome and Announcements
7:35 Pretest
7:45 Newborn Issues Breastfeeding the Newborn with Jaundice, Hypoglycemia, and Sucking Dysfunction
9:00 Skills Stations
9:30 BREAK
9:40 Best Practices for the Breastfed Baby in the NICU
11:40 LUNCH
12:10 Maternal Breastfeeding Problems: Early and Late Postpartum
1:25 Maternal Medications and Potential Affect on the Baby
2:25 Human Milk Banking
2:55 BREAK
3:05 Hospital Practices and Continuing Family Support, the Working Mother
3:35 Skills Stations
4:05 Written Test
4:20 Evaluation
4:25 Adjournment

Target Audience
Attendees will include nurses who work in maternal and child health, in acute care and outpatient settings of member hospitals of the Central Jersey Family Health Consortium. The course supports the Baby Friendly curriculum requirement for hospital staff education.

*Prerequisite
Assigned Reading

Faculty
Ann Benitez, BS, RN, IBCLC, LCCE, FACECE, CMHC
Community Liaison Support
Rachael Cruz, RN, IBCLC
Robert Wood Johnson University Hospitals
Olga Emena, MS, RN, IBCLC
Robert Wood Johnson University Hospitals
Jo Ann Pock, RN, IBCLC
Robert Wood Johnson University Hospitals
Elizabeth Penco, MA, RN, IBCLC, LOE
Somerset Medical Center
Diane Provenzale, MSN, RN, IBCLC
Capital Health
Ellen Shumaker, PhD, RN, C, APN, CLC
Central Jersey Family Health Consortium
Ellen Strong, MPH, RN
Central Jersey Family Health Consortium

Please go to www.cfhc.org a week prior to the course to obtain an electronic handout. You are free to save and/or print the electronic copy. Hard copies will not be provided.
Presents
The PACU Course for the Obstetric Nurse

February 28, 2014
7:30am* - 4:15pm

At
Central Jersey Family Health Consortium
2 King Arthur Court, Suite B
North Brunswick, NJ 08902

Featured Faculty:
Kathy Mahoney, APN, C
Charlotte Feeney, BSN, RNC-OB
Ann Meuli, MSN, RN
Eileen Shulman PhD, RNC-OB, APN

Target: This program is intended for Labor and Delivery and OB PACU Nurses

Purpose: To enhance the nurse’s knowledge of the hemodynamic changes of pregnancy, cesarean birth, the effects and potential adverse effects of anesthesia and other medications, on the patient immediately following a cesarean birth and the standards of care of the obstetrical patient in the PACU

Objectives:
- State the action, indications, contraindications, safety in breastfeeding, and side effects of drugs commonly given to women during labor, delivery and after cesarean birth to control pain and uterine/vaginal bleeding
- Discuss the organ changes of pregnancy, labor and post-delivery that may affect the patient’s physical status in the OB PACU during Phase 1 care for the post Cesarean birth patient
- Discuss the classes and effects of OB Anesthesia on the mother and baby and the rationale for nursing assessment and care in the perioperative period
- State the rationale for adhering to the standard of care of the main OR with regard to post anesthesia care for women experiencing Cesarean birth
- Discuss the assessment and care required for all post Cesarean delivered women and the conditions that warrant increased surveillance and interventions including postpartum hemorrhage, pulmonary embolus, and DVT
- Identify normal sinus rhythm and at least one arrhythmia on an ECG strip
- Apply the standard of care for preventing and treating malignant hyperthermia in the perioperative period.
- Identify and discuss at least 3 patient safety measures and outcomes for perioperative obstetrical settings, including but not limited to communication, mock codes, preop screening, aseptic techniques, ongoing assessments
- Discuss how to integrate skin to skin in the OB PACU setting
- Synthesize evidence-based Phase I Post-anesthesia Care to women experiencing Cesarean birth

*Course Begins Promptly at 7:30am. The course includes a pre and post-test.
Continuing Nursing Education

7.5 contact hours will be awarded for this program by Central Jersey Family Health Consortium (CJFHC)

Central Jersey Family Health Consortium is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Provider number P52-2/11-14. Provider approval is valid through February 28, 2014.

Disclosures: The planners and faculty have nothing to disclose. No non-FDA approved information will be presented. There is no commercial or non-commercial support for this course.

Registration Information - Registration Deadline February 24, 2014.

Registration fee includes course materials, continental breakfast and lunch

Fee:  
   ___ $20 for CJFHC Members*
   ___ $60 for all others

*CJFHC Member Hospitals

CJFHC members are employed or affiliated with Capital Health System, CentraState Medical Center, Community Medical Center, Hunterdon Medical Center, Jersey Shore University Medical Center, Kimball Medical Center, Monmouth Medical Center, Ocean Medical Center, Raritan Bay Medical Center, Riverview Medical Center, Robert Wood Johnson University Hospital, RWJU Hospital at Hamilton, Saint Peter's University Hospital, Somerset Medical Center, Southern Ocean Medical Center and University Medical Center of Princeton at Plainsboro.

Two Payment Options: (Refunds are not available)

1. PayPal payment must be made online. Go to www.cjfhc.org
   Click on “Upcoming Events” on sidebar

2. Check payable to CJFHC. Mail registration with payment to:
   Attn: Fran LoRaso
   Central Jersey Family Health Consortium
   2 King Arthur Court, Suite B
   North Brunswick, NJ 08902

For more information, please contact: Fran LoRaso at 732.937.5437 ext 110 or floraso@cjfhc.org.

For directions go to www.cjfhc.org; do not use directions from GPS, MapQuest, or Google.

In case of inclement weather please call the CJFHC office after 6AM at 732.937.5437

Registration Form

PACU Course for the Obstetric Nurse
February 28, 2014 7:30AM - 4:15PM

Name: ____________________________________________________________

Home Address: ______________________________________________________

Affiliation: _____________________________ Check enclosed for $____________

Phone: __________________________ E-mail: ____________________________

*Required for confirmation and updated information